

# JOURNEY THROUGH GRIEF

## 2024 ONGOING PROGRAMS

**At Hospice of Acadiana's  
Center for Loss & Transition,**  
our goal is to provide ongoing, free programming  
to assist you in your journey through grief.  
We invite you to participate in the programs that  
you feel will be of most benefit to you.

337.232.1234

2600 JOHNSTON STREET, LAFAYETTE, LA 70503  
HOSPICEACADIANA.COM

### DINE AROUND

Monthly social outings  
with others who have lost  
loved ones. Pre-registration is  
required to ensure a seat for  
everyone attending.



#### 4TH SUNDAY OF EVERY MONTH

- October 20 - Vermillionville
- November 24 - Rascals
- December 15 - Superior Grill

**CONTACT MOLLIE CHARPENTIER AT 337-251-1614**

### INDIVIDUAL COUNSELING

By appointment only  
Monday - Friday  
2600 Johnston St.  
Lafayette, LA 70503

**CALL 337-889-5369  
TO SCHEDULE**

### THE CROCHET CREW

Whether you know how to  
crochet or would be willing to  
learn, this is a great opportunity  
to gather with others who have  
lost a loved one. Create supportive  
friendships while crocheting prayer blankets  
for our patients. All yarn is provided.



- Every Thursday, 9:00 am - 1:00 pm
- The Volunteer Room, 2600 Johnston St.

### HEALING THROUGH ART

- Friday, October 4th & 18th  
10am-12pm
- Friday, November 1st & 18th &  
29th 10am-12pm
- Friday, December 13th & 27th  
10am-12pm

**HOSPICE OF ACADIANA  
ART ROOM  
2600 JOHNSTON ST.**

## MINDFUL YOGA

Virtual

Tuesdays, 10:00 - 11:00 am

At Hospice

Saturdays, 10:30 - 11:30 am



## REMEMBER ME SUPPORT GROUP

An in-person support group for caregivers, family, and friends of dementia or Alzheimer's patients.

- Second Tuesday each month
- 12:00 - 1:30 pm
- St. Elizabeth Seaton Church  
610 Raintree Trl, Lafayette, LA

## GENERAL GRIEF SUPPORT GROUP

### Level 1 - Beginning the Grief Journey

- Designed for those suffering from a loss within the past 18 months
- Tuesdays, 12 - 1pm
- Hospice of Acadiana, 2600 Johnston St. Lafayette, LA 70503

### Level 2 - Continuing the Grief Journey

- Designed for those who experienced loss within 18 months to 3 years
- 2nd and 4th Monday of each month, 12 - 1pm
- Hospice of Acadiana, 2600 Johnston St. Lafayette, LA 70503



## RSVP GROUP

A social group for those wanting to connect with others who understand the challenge of socializing after loss.

- Oct 3 @ 10 AM - Coffee Talk @ Coffeeweed Cottage
- Oct 26 @ 11 AM - Acadiana Eats Festival in Scott, LA
- Nov 7 @ 10 AM - Coffee Talk @ Classic Cup in Maurice, LA
- Nov 19 @ 1:30 PM - Game Time @ Walk On's Lafayette
- Dec 5 @ 10 AM - Coffee Talk @ CC's in River Ranch
- Dec 15 @ 11 AM - Prejean's Brunch Jam

**CONTACT SARAH PALMER @ 337-889-5369  
OR SPALMER@HOSPICEACADIANA.COM  
FOR MORE INFORMATION**

## LABYRINTH WALK & MEDITATION

The Labyrinth is open to the public year-round; for a guided meditation, **CONTACT HEATHER PREJEAN:**

**HPREJEAN@HOSPICEACADIANA.COM  
OR 337-889-5369**

